

## Rewards of fasting according to Isaiah 58

1. You will be released from what's holding you back
2. Heavy burdens will be broken
3. You will be free from oppression and help others get free
4. Bad habits will be broken
5. The hungry will be fed, the naked clothed, and the poor helped.
6. Divine revelation will come to you.
7. Your health will spring forth speedily,
8. God's glory will guard your life.
9. Your prayers will be answered speedily
10. You will rise out of obscurity to prominence
11. The Lord will guide you continually
12. All your needs will be met regardless of economic conditions.
13. Desolation will turn into high production.